

# Educating for a healthy, sustainable world: An argument for integrating health promoting schools and sustainable schools

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### Abstract:

Al Gore's movie An Inconvenient Truth and the British government's Stern Review of the economics of climate change have provided heightened awareness of how humans are over-stretching the Earth's life support systems. The health of human populations and the health of global ecosystems are inextricably linked and the need for fundamental changes in how we live is becoming impossible to ignore. While not the complete answer, education must be a part of imagining and transforming our patterns of living. Learning embedded in educational systems derived from worldviews that replicate unhealthy and unsustainable lifestyles and environments is not a part of the solution but a significant part of the problem. In Australia, two internationally implemented whole-school reform movements, health promoting schools (HPS) and sustainable schools (SS)—seek to provide ways of operationalizing transformative educational processes. Both movements aim to build resilience and optimism, use action-oriented teaching and learning approaches, and have a focus on the future. While these two approaches to educational and social change have much in common, currently there is virtually no conversation between their proponents and advocates. This paper makes a case for HPS and SS to work together—both theoretically and practically—with the ultimate goal being the emergence of schools that are both green and healthy. Such integration would make an important educational contribution to the creation of a healthy, sustainable world.

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## **Resource Description**

### Communication: M

resource focus on research or methods on how to communicate or frame issues on climate change; surveys of attitudes, knowledge, beliefs about climate change

A focus of content

Other Communication Audience: Students

Exposure: M

weather or climate related pathway by which climate change affects health

Human Conflict/Displacement, Unspecified Exposure

Geographic Feature: M

## Climate Change and Human Health Literature Portal

resource focuses on specific type of geography

None or Unspecified

Geographic Location: M

resource focuses on specific location

Non-United States

Non-United States: Australasia

Health Co-Benefit/Co-Harm (Adaption/Mitigation): ☑

specification of beneficial or harmful impacts to health resulting from efforts to reduce or cope with

greenhouse gases

A focus of content

Health Impact: M

specification of health effect or disease related to climate change exposure

Cancer, Cardiovascular Effect, Diabetes/Obesity, Mental Health/Stress, Respiratory Effect

Cardiovascular Effect: Other Cardiovascular Effect

Cardiovascular Disease (other): Heart disease

Mental Health Effect/Stress: Mood Disorder

Respiratory Effect: Asthma, Upper Respiratory Allergy

Mitigation/Adaptation: **™** 

mitigation or adaptation strategy is a focus of resource

Mitigation

Population of Concern: A focus of content

Population of Concern: M

populations at particular risk or vulnerability to climate change impacts

Children

Resource Type: M

format or standard characteristic of resource

Review

Timescale: M

time period studied

Time Scale Unspecified